



TFNC/NGOs Working Session on Annual Workplans for  
6 – 7th February 2020

Dr. Mary M. Sando – CEO

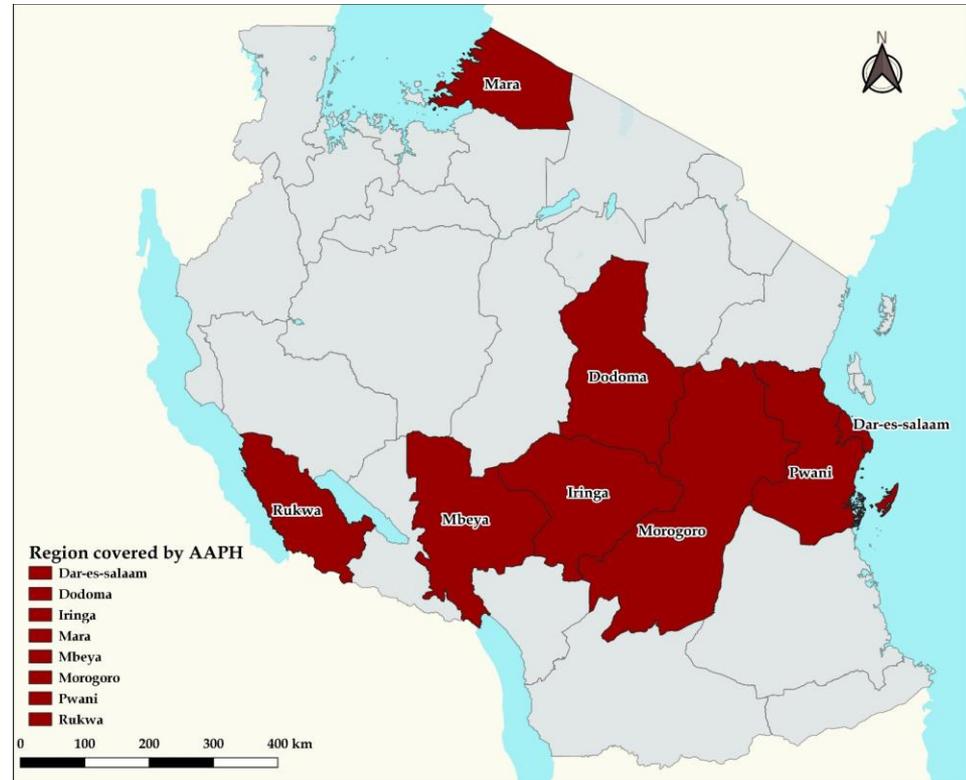
Dr. Dominic Masha – CRS

# Outline:

- About AAPH.
- Overview of ongoing AAPH nutrition related projects.
- Areas of collaboration with TFNC.
  - Proposed roles AAPH and TFNC.

# About AAPH

- AAPH is a non-profit, non-governmental organization with the mission to address public health priority challenges in sub-Saharan Africa.
- We do this through innovative scientific evidence, training & capacity building and knowledge translation.
- Key areas of focus include RMNCAH and nutrition as well as CD and NCDs.



*Fig 1: AAPH current regions of operation*

# AAPH Nutrition related projects:

## ❖ USAID Lische Endelevu

[Sustainable Nutrition]:

2018 - 2022

- Aim: Improved Nutritional status of WRA, pregnant women, adolescents and children under 5.

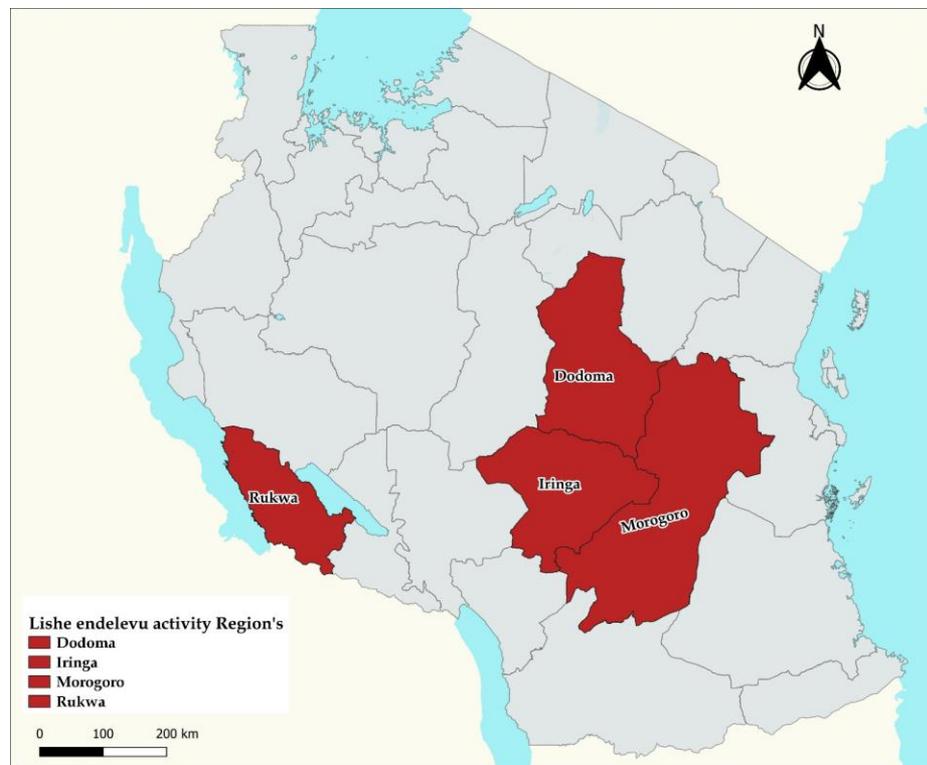


Fig 2: Lishe Endelevu regions

# USAID Lische Endelevu cont.....

- Key Activities:

1. Strengthen multi-sectoral coordination for improved nutrition at the LGA.

- Capacity building - to coordinate and monitor NMNAP interventions.
- To support development of guidelines & training materials

2. Improved health, nutrition, caregiving and WASH behaviours.

- Capacity building
- SBCC - Demand creation for and use of nutrition-related practices/services.

3. Increased access and availability of diverse, safe and nutritious food.

- Link to MNAP:

- Linked to most of the key NMNAP results areas.



# Diet, Environment, and Choices of positive living

## (DECIDE): 2018 - 2020

- Aim: To understand drivers of food choices among PLHIV.
- Facility and community based follow-up study
  - 600+ PLHIV
  - 20+ health care providers
  - 20+ community leaders & CHW
  - 6627 food vendors
- Link to MNAP:  
Prevention and management of micro-nutrients deficiency.

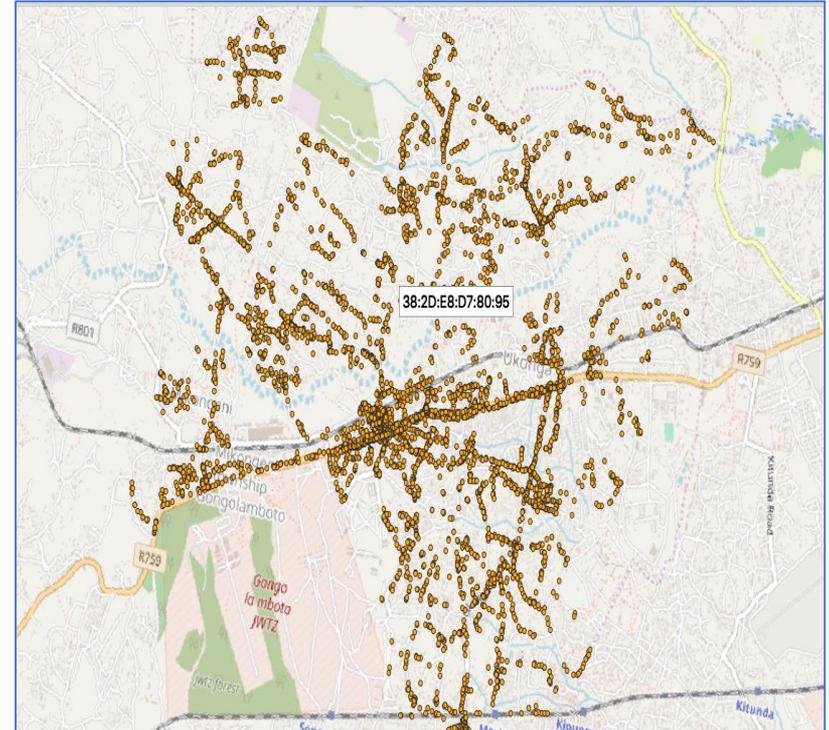


Figure 3: Food vendors in Ukonga Ward

# Engaging Fathers For Effective Child Nutrition [EFFECT]

## and Nurturing Care [EFFECT+]: 2018 - 2021

- Aim: To reduce stunting among young children by increasing adoption of high impact IYCF, WASH practices, increased dietary diversity and household resource allocation for nutrients dense foods.
- Design: Cluster randomized control trial.
  - i. IYCF mothers only
  - ii. IYCF mothers and fathers
  - iii. IYCF + ECD mothers only
  - iv. IYCF + ECD mothers and fathers.
  - v. Control arm
- Link to MNAP:
- Promote Multi-sectoral nutrition sensitive interventions
- Prevention and management of micro-nutrients deficiency.



Figure 4: EFFECT districts

# Calcium Supplement Clinical Trials in Tanzania and India: 2019 - 2021

- Aim: To determine the potential of non-inferiority of low dose of calcium in preventing pre-eclampsia and preterm birth.
- Design- Randomized, double blind, non-inferiority trial
  - Low dose daily calcium supplementation compared to WHO standard dose (1500 mg)
  - Recruiting pregnant women (1<sup>st</sup> trimester) and follow them for 6 months post delivery.
  - Sample size – 22,000 total pregnant women (TZ and India)
- Link to MNAP: Prevention and management of micro-nutrients deficiency.

## Adolescents School Health and Nutrition

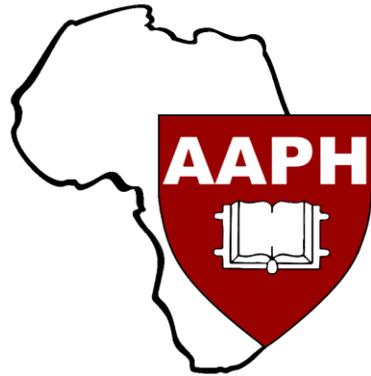
- Aim: To assess adolescents school health and food environment in 3 levels;
  - I. Understand national and sub-national policies, guidelines and regulations.
  - II. Understand school food environment physical activity and WASH practices.
  - III. Adolescents nutritional status, dietary diversity and anemia.
- Design: Multi-country study (TZ, Sudan, Ethiopia, South Africa, Burkina Faso)
  - Mixed methods: Qualitative & Quantitative
- Link to NMANP: Scaling up Maternal, Infant, young child and Adolescent Nutrition (MIYCAN)

# AAPH Nutrition priority areas

- To generate evidence based findings with high impact on health and nutrition.
- To contribute in building capacity for research and other public health related fields.
- To enhance partnerships and collaboration for translation of scientific evidence into practice.

# Areas of collaboration with TFNC.

- To support implementation of nutrition research and its policy agenda.
- To collaborate in translation of scientific evidence for policy briefs.
  - Roles: Gather scientific evidence and plan for policy brief meetings.
- To set up a platform for nutritional information sharing for stakeholders.
  - Roles: Mobilize support to set up and host the information platform.
- To design and support short-term training.
  - Role: Jointly seeking funds and technical support through partners.



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THANK YOU.